

Coaching People to Reconcile An Online Practicum

Handout for Lesson 1

Use this handout to prepare for discussion questions. You'll answer them either in the chat box or in small group breakout rooms. This handout also prepares you for looking up a few Bible passages.

Demonstration Role Play 1: Drawing Out Their Story (Case #1 page 98)

Be prepared to answer these questions in the chat box after the demonstration:

- How did the coach draw out Kyle's story?
- What themes are already emerging in Kyle's story?
- What SCUBA questions do you remember the coach asking?
- Did you note anything else the coach was doing as he listened to Kyle?
- Did you notice anything else?

Participant Role Play 1: Drawing Out Their Story (Case #2 page 100)

Instructions:

- You will be placed into rooms in pairs, one <u>coach</u> and one <u>party</u>
- First, determine who is coach and who is the party
- Coach role plays him/herself, as a party, men role play Robert while women role play Emily
- Coach, practice drawing out the story with questions while parties respond to questions



exercise.

- You have 10 minutes for this exercise; 7 minutes for role play and 3 minutes for feedback
 - O You will receive broadcast message to stop the role play & start the feedback
 - Coach: What I did well was ... / One thing I'd do different is ...
 - Party: What I though you did well was ... / One suggestion I have is ...
 - o A one-minute timer will be presented 60 seconds before you are brought back to main room

Be prepared to answer these questions in the chat box or a poll after the role play:

- Coaches: tell us how comfortable you felt during the exercise (1: Very comfortable, 5: Like a fish out of water)
- (*True or False*) Coaches: I feel like I missed most of what my party told me because I was trying to think of my next question.
- Parties: Share something your coach did well.

Demonstration Role Play 2: Leading to Christ-centered Perspective

Be prepared to answer these questions in the chat box or a poll after the demonstration:

• What questions did the coach use to help Kyle make a transition in his perspective?

- What were some of the phrases used by the coach to lead Kyle to a Christ-centered perspective on his personal worth?
- (True or False) The coach used passages to show Kyle his sin (Law).
- (*True or False*) The coach used passages of God's grace to remind Kyle how much God loves him (Gospel).
- (True or False) The coach read all the passages to Kyle and told him how they applied.
- (*True or False*) The coach asked Kyle to read a couple of passages and asked him how they applied to him.

Participant Role Play 2: Leading to Christ-centered Perspective

Instructions:

- You will be placed into rooms in the same pairs, one <u>coach</u> and one <u>party</u>
- Switch roles. If you were coach last time, now you are the party and f you were the party, you are now the coach.
- Coach role plays him/herself, as a party, men role play Robert while women role play Emily
- Coach, practice making the transition to Christ-centered perspective (pp 28-29) while parties respond to questions



- O You will receive broadcast message to stop the role play & start the feedback
- O A one-minute timer will be presented 60 seconds before you are brought back to main room

You'll have 10

minutes for this

exercise.

Be prepared to answer these questions in the chat box or a poll after the role play:

- (Poll) Which of the listening skills did the coach employ (check all that apply)
 - Waiting
 - Attending
 - o Clarifying
 - o Reflecting
 - o Agreeing
- (Coaches) What would you like to do different next time
- (Parties) Share one thing your coach did well

Homework Assignment for Next Time

- Complete your prerequisite study and online forum responses, if not yet completed
- Review Chapters 1-3 in your practicum manual
- Read Chapters 4-5 in preparation for next time
- Review demonstrations as needed at https://www.aorhope.org/cptr-resources?cohortId=CPtR201005
- Note at least one Aha in the Lesson 1 Forum at the link above

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